

*The Georgetown Club of Shanghai presents*

The Hoya's Guide to  
**Shanghai**

Updated July 2011

# HOYAS' GUIDE TO SHANGHAI

Once the ocean gateway to the Middle Kingdom for foreign travelers, Shanghai's bustling port grew throughout the 19th Century due to the expanding opium trade. An ignominious start surprisingly led to a tremendous outcome resulting in the treasure that is modern Shanghai. The heady mixture of money and mingling cultures playing far from home gave rise to a city that became the byword for opulence, sophistication and decadence.

And as China reopens to the world at the turn of the new century the reputation hasn't changed a jot despite intervening years of Communist austerity. Today European splendor intermingles with modern skyscrapers in China's largest city, while foreign merchants push luxury brands rather than narcotics. Known as "The Paris of the East" and "The Whore of the Orient" - Shanghai isn't a gal who will be easily overlooked.

## GO THERE FOR

### **History & Culture**

In China's long history, spanning thousands of years of civilization, Shanghai is a relative infant. But its short life has been anything but quiet, a story eloquently reflected in the city's architecture. A combination of classic Chinese, belle époque European and ultra-modern fantasies of glass and steel, makes this an urban sprawl that traverses a distinctive past, present and future.

### **The Food**

A relatively new city, Shanghai adopts the rich sauces and emphasis on seafood from the surrounding Jiangsu and Zhejiang culinary traditions, but has developed a twist of its own. Nowadays local specialties have achieved world eminence, including Xiao Long Bao, Hairy Crab, Beggar's chicken and thousand year-old eggs. Contemporary Shanghai has also been attracting chefs of international repute, with David Laris, Jean-Georges Vongerichten, Stephen Wright and the Pourcel brothers all tucking into a slice of this hip and happening pie.

### **The Lifestyle**

Whether it's old-school early morning Tai Chi or partying into the wee hours with the young hipsters, Shanghai caters to a variety of lifestyles. At early mornings on the Bund, the elderly Chinese can be seen having their morning Tai Chi while the youth end their nights of drinking and dancing.

### **The Skyline**

Shanghai's futuristic skyline is unmistakable and rivals Hong Kong's big city bright lights. A symbol of China's burgeoning economy and rapid change, the skyline can be enjoyed from a number of the chichi bars and restaurants located on the Bund.

### **The Pace**

China has awakened to the 21st Century with a vengeance and Shanghai is the former sleeping beauty who's set to work hard and play harder, evident in an endless procession of fairs, exhibitions and galas. Beijing may be the political capital, but Shanghai is very much the nation's commercial and fashion hub.

# DON'T MISS

## **The Bund**

This prime waterfront location was the spot of choice for foreign companies in the early part of the 20th Century to show off their wealth by experimenting with architectural styles. Today, it's a hub of fashionable dining and shopping, while visitors can really get a sense of old Shanghai by wandering through the collection of Gothic Revival, Baroque, Romanesque, Neo-Classic, Art-Deco and Renaissance style buildings.

## **Pudong & Shanghai World Financial Center**

On the east side of Huangpu River, outstanding architectural skyscrapers accommodating offices, five star hotels, conference rooms, observation decks, and shopping malls on the ground floors. Park Hyatt Hotel tower will become the highest in the world, surpassing the Grand Hyatt Shanghai on the 53rd to 87th floors of the neighboring Jin Mao Tower. On 28 August 2008, the SWFC officially opened for business. On August 30 the Observation Deck opened with a view from 3 levels. The highest view is at 474 m (1,555 ft) above sea level

## **Cheng Huang Temple and Yu Yuan**

Yu Yuan is a famous classical garden dating from 1577. However small (measuring only about five acres), the pavilions, halls, rockeries, ponds and more make this a uniquely scenic experience in the concrete jungle. The Huxinting Teahouse in the middle of the lake is the ideal spot to partake in some of China's renowned tea traditions – it has been brewing up tea leaves since 1855. Outside of Yu Yuan is the local hot spot Cheng Huang Temple, check out the hundreds of snack stands, tourist shops, or join the interminable queue lining up in front of Lvboting.

## **Shanghai Museum**

Shanghai Museum is, maybe, the biggest museum in Shanghai, could also be referred as Ancient History Museum. The museum tells the complete

## **People's Square**

As Shanghai's political and cultural center. People's Square is situated in the very center of Shanghai. It is the largest square in this city. On the north side stand Shanghai Grand Theatre, Shanghai Municipal Government Building and Shanghai Urban Planning Exhibition Center. The famous Shanghai Museum sits on the south side. The world famed Nanjing Road lies to its north and Huaihai Road to its south. Around the square are big shops, department stores and numerous time honored and deluxe shops, restaurants, recreational centers and modern hotels.

During the early morning, shanghaiense elders gather there to practice taiji, some do aerobics, dance and rows of middle aged women dressed sometimes in white shirts and blue trousers practice waist-drum. When night has fallen, the square takes on a different air: parents with children take a stroll, while couples of lovers sit on stone benches.

## **Xintiandi**

Located in the center of Shanghai City has become an urban tourist attraction that holds the historical and cultural legacies of the city. Shanghai Xin Tian Di is a fashionable pedestrian street very unique due to its concept of construction. It retains the antique walls, tiles and exterior of the Shikumen housing of old Shanghai. On the other hand, its interior embodies a totally different world of international gallery, bars and cafes, boutiques or theme restaurants. It also houses the site of First Congress Hall of the Communist Party of China. When you walk into Xin Tian Di, you will get the

taste both of Shanghai in the 1920's and the sonic modern lifestyle of urbanites of the 21st century

### **The French Concession**

"Conceded" to the French after the Opium War, this district may be the result of Western imperialism, but has long since been taken to the hearts of the Shanghainese. The charming old buildings house some of today's most sophisticated boutiques, art galleries and - a legacy of the French occupiers – patisseries and confectionaries. Fuxing Park serves as a pleasant pit stop to watch the locals practicing Tai Chi or fly kites, while you sit back and relax.

### **Taikang Road**

If you're in the mood for some shopping but are tired of touts shoving fake watches in your face, head to Taikang Road. A walk down the road lets you see local Shanghai life at its best: street vendors selling pancakes and fruit, kids scampering about and women hanging up laundry. Then find alley 210 and wander down the lane. It's full of shops and cafes selling everything from traditional Chinese qi pao dresses to funky silver jewelry. Not to be missed: Marion Carsten jewelry, Kommune Café, Woo Cashmere.

### **Changle Road**

Chichi boutiques line this street, many of them owned by young local and Hong Kong designers, so there are plenty of surprises to be found. Designer gear from the front lines of fashion can be discovered at terrific prices.

### **Mao Ming Road**

A selection of Qiao Pao (Chinese traditional dresses) stores are to be found along here. Most of these shops also offer bespoke tailoring services. The quality is generally high and far more reasonable than those at the more glamorous Shanghai Tang.

### **Moganshan Lu**

If you'd like to see what's happening on the contemporary art scene in China, take a taxi to Moganshan Road near Suzhou Creek. Once just factories and warehouses, the area is now a thriving art colony full of galleries of all sizes. There's a café near the entrance to the lane where you can have a nice coffee once you've seen the scene. Not to be missed. Moganshan Lu is situated next to Suzhou Creek in north-central Shanghai

### **Dong Tai Road**

This small road, not far from Xin Tian Di, is Shanghai's answer to Beijing's Panjiayuan Market. While tiny in comparison to Panjiayuan, Dong Tai Road is lined with stalls and shops selling all that is junk and treasure in chinoiserie. You can find all kinds of items including Mao memorabilia, porcelain, old wooden rice buckets and brightly painted opera masks. It's worth a wander just to see what's on offer. Bargaining is strongly recommended.

Cross-street/intersection: Dong Tai Road near Fuxing Road and Xizang Road

# AROUND SHANGHAI

## Water Towns

### **Xitang**

Xitang, this 500 year old Ming Dynasty town which is connected by old bridges and quiet canals, is alive with locals reside near river. About 2 hours by drive from Shanghai for a one day excursion, see and share the local people's lives as they go about their daily business. Meanwhile you will have chance to try various snacks what you will never have in shanghai city.

## One day trip to Suzhou

### **The Humble Administrator's Garden**

The Humble Administrator's Garden was originally built in 1509 during the Ming Dynasty (1368-1644). It was initially a private garden of a former government servant named Wang Xianchen. It was said he intended to build a garden after retired and just do some gardening work like planting trees and vegetables there, which was said to be the life of a humble man by him. Hence is the name of the garden. The garden was created upon the old relics of a resident and a temple. Water feature is the main background and its natural landscape includes small forests, hills and rock formations. It also has man-made pavilions, halls and parlors. Unlike the Grand View Garden and other famous gardens in Beijing, it is representative of the Ming Dynasty building style.

### **Suzhou Museum**

New Suzhou Museum is the last design of Mr. I. M. Pei in his career. It is not only a publi construction symbol in Suzhou, but also an innovative mark bridging Chinese architectural culture from the tradition to the future. Prompting the protection of Suzhou cultural heritage, the new museum also has turned a new page for Suzhou Museum

## WHEN TO GO

Spring (April, May & June) and Autumn (September & October) are the best seasons for visiting Shanghai, when the weather is mild. October is especially for gourmands as this is when the famous “Shanghai Hairy Crab” becomes a must for every dinner table.

Summer can be extremely hot, with 20 -30 days of temperatures in the 40s; winters are cold and humid, leaving most non-Shanghainese feeling bone-chilly. However, modern Shanghai is for the most part equipped with air-conditioners and heating, so it is bearable.

## BASICS

Country Code: + 86

City Code: 21

Currency: Renminbi (RMB), Chinese Yuan

Emergency Services: 110

Ambulance: 120

### **Exchange Rates:**

USD 1 = RMB 6.4

GBP 1 = RMB 10.6

EUR 1 = RMB 9.2

Exchange rate taken on Google Finance in July 2011

Search for: "What is 1 USD in CNY?"

# GETTING AROUND

## To and from the airport

### **Pu Dong Airport**

+86 21 96081388, [http://www.shanghaiairport.com/en/pd.jsp?categoryId=OUT\\_CON\\_B0100](http://www.shanghaiairport.com/en/pd.jsp?categoryId=OUT_CON_B0100)

It takes just over one hour to get between Pu Dong airport and downtown and taxis cost RMB 150 or so per way. The Maglev train system is much more economical way to get there, at RMB 50/way for normal seats, and RMB 80 for VIP. For details, contact +86 21 2890 7777

### **Hong Qiao Airport**

+86 21 52604620, [http://www.shanghaiairport.com/en/hq.jsp?categoryId=OUT\\_CON\\_B0235](http://www.shanghaiairport.com/en/hq.jsp?categoryId=OUT_CON_B0235) It takes 45 minutes or so to arrive at Hong Qiao Airport from downtown, and it costs approximately RMB 50 by cab.

## Around Town

It is incredibly inexpensive to travel around by taxi – the minimum fare is RMB 16 for 3 kilometers, plus RMB 2.10 per extra kilometer. Taxi drivers can understand very basic English, but best to have your hotel write out addresses for you.

However the underground (subway) system is much more efficient and predictable due to the city's infamous traffic congestion. Fares are between RMB 3–4, depending on the destination and signs are English-speaker friendly.

# WHERE TO STAY

## Glamorous Hotels

### **Pudong Shangri-La**

33 Fucheng Lu, Pudong Located right on the riverfront, with striking views of the Bund and the Oriental Pearl TV Tower, stay in one of the spacious Premier Rooms in the flashy new Grand Tower (the old tower is rather dated). The Pudong Shangri-La's facilities include no less than two pools, the renowned Chi Spa and a branch of the Cantonese restaurant, Fook Lam Moon.

### **Four Seasons**

500 Weihai Road, near Shimen Yi Road Comfortable Shanghai classic located downtown. Tourist destinations and shopping areas are all accessible within a short cab ride. Rooms are airy and equipped with the legendary Four Seasons bedding. Bliss!

### **Grand Hyatt**

53 – 87/F, Jin Mao Tower, 88 Century Boulevard, Pudong Housed on the top 34 floors of this soaring skyscraper, the Grand Hyatt Shanghai is a symbol for the cutting edge of Shanghai's modern aspirations. While rich colors in the public areas add a touch of warmth to Shanghai's often cold climate, guest rooms make the most of the jaw-dropping views with clean Art-Deco lines and tasteful neutrals.

### **Park Hyatt**

Shanghai World Financial Center 79th-93rd Floors-100 Century Avenue Pudong New Area

### **Hyatt on the Bund**

199 Huangpu Road Hyatt brings its winning formula to the north end of the Bund. Luxury, open-plan bathrooms are a highlight of the rooms, competing with the spectacular views for Park Hyatt Shanghai is a sophisticated modern Chinese residence occupying the 79th to 93rd floors of the Shanghai World Financial Center (SWFC), otherwise known as "The Vertical Complex City". Situated in the heart of the Lujiazui business district in Pudong, the 492-metre SWFC, with its 101-storeys, will be one of the tallest buildings in the world, making Park Hyatt Shanghai the highest hotel in the world. which the building is specially angled to catch – the glittering steel of Pudong and the laid back curve of the Bund.

### **Le Royal Meridian Shanghai**

789 Nanjing Dong Lu Superb location opposite the People's Square and near the shopping Mecca of Nanjing Road. The hip design and modern architecture capture the best of the buzzy neighborhood.

### **JW Marriott Tomorrow Square**

399 Nanjing Xi Lu, near Huangpi Bei Lu The JW Marriot Shanghai is located in People Square, has laid its mark on Shanghai in spectacular fashion. Using one of the city's signature building (Tomorrow's Square), and located within walking distance of People's Square, the Marriot has all the makings of a good hotel: great location, incredible architecture.

### **St. Regis**

889 Dongfang Road, near Xiangcheng Road Although it is super-suave and cosmopolitan, the St. Regis's biggest draw nevertheless remains the highly personalized service. The St. Regis butlers devote



themselves to your every whim, while luxurious furnishings mean you might never want to leave your room – but do get on your feet, if only to follow your butler on a private art and shopping tour of the lively Pudong surroundings.

### **The Portman Ritz-Carlton**

Shanghai Centre, 1376 Nanjing Xi Road, near Tongren Road High glamour is to be found at The Portman Ritz-Carlton, located smack bang in the middle of NanJing Road's shopper's paradise. The luxurious department stores Shanghai Plaza 66 and Shanghai CITIC Plaza are just a few minutes' walk away - flash that cash alongside Shanghai's shamelessly nouveau riches. Rooms are just lovely, decorated in contemporary Chinese chic.

### **The Westin Bund Center (Grand Tower)**

88 Henan Zhong Lu, Bund Center A solid five-star located just a couple of blocks from the Bund – great service, comfortable rooms and distinctive architecture. Home to Shanghai's own branch of the world-famous Banyan Tree Spa.

### **Marriott Hongqiao**

2270 Hongqiao Lu, near Jianhe Lu A convention-oriented hotel located in Hongqiao area, this Marriott is not convenient to the city center but it's very convenient to Hongqiao airport, and boasts an array of various-sized conference venues, all of high standard.

## **Boutique Hotels**

### **Urbn hotel**

183 Jiaozhou Lu, near Beijing Xi Lu

Shanghai-based URBN Hotels & Resorts is a new boutique hotel and resort company located in Jinan area that aims to combine locally sourced and recycled materials with modern architecture and design to create contemporary spaces inspired by China's past, present and future. URBN is also China's first carbon neutral hotel development company, and boasts an environmentally friendly chain of boutique hotels throughout China without harming the local and natural environment.

### **88 Xintiandi**

380 Huang Pi Nan Lu An all-suites boutique property located by the man-made Lake Taipingqiao. The units are fitted up with all modern conveniences, including kitchenettes, with attractive Chinese and South East Asian accents adding a welcoming touch. Popular among business travelers and those who stays longer.

### **JIA Shanghai**

931 West Nanjing Xi Lu Find Jia sweet jia in this renovated 1920s boutique. The long awaited follow-up to the Philippe Starck-designed hotel is less outlandish than its Hong Kong counterpart but no less design oriented – injected, as it is, with funky coziness, touches of chinoiserie and bathrooms kitted out in Bisazza mosaics.

### **Mansion Hotel**

82 Xin Le Road Originally built for a high-ranking gangster during Shanghai's era as the Wild West (of the East), the villa was once the scene of much wheeling and dealing, both above board and under the counter. Designed in the grand European style favored by many wealthy Chinese of the day, the hotel

today pays homage to the opulence of its heyday with its beautiful, nostalgic décor and personal service.

### **The Nine**

Number 9, Lane 355, Jianguo Xi Lu A unique Art-Deco secret tucked away in an old residential neighborhood. The villa was originally the property of the owner's grandfather, who was obliged to flee the country after the Communist takeover in 1949. Now restored to the family, the villa now offers five elegant guestrooms dotted with antiques.

## **Service Apartments**

### **Shama**

Tower 18 Lakeville Regency, Lane 168 Shunchang Lu, Xin Tian Dinear Zizhong Lu, Metro Line 1 Huangpi Nan Lu.

Exceptionally located in the beautifully restored Xintiandi district, where charming historic lanes meander through an endless choice of fashionable boutiques and stylish restaurants, you are just one step away from Shanghai's most exciting neighborhood.

### **Ascott Service Apartment, Pudong**

3 Pudong Avenue, Shanghai

Shanghai Ascott Apartment, Pudong is on the eastern bank of the Huang Pu River, Near the Lujiazui district, known as Shanghai financial and trade center, just within walking distance to the famous Oriental Pearl Tower. It is about 2.4 km to the Shanghai International Convention Center.

### **Somerset Grand Shanghai**

888 Shaanxi Nan Lu, Xuhui near Zhaojiabang Lu

Indulge in the luxury of a spacious and private Shanghai apartment hotel while being only minutes away from the business, dining, shopping and entertainment district of Xujiahui and Huaihai middle road in Shanghai. Ideal corporate housing for the international executive, there are extensive business services and facilities to assist you whether you are on project assignment or relocating to the city. Stroll at your leisure to many destinations, shops and restaurants in the surrounding area.

### **Kerry Center**

1515 Nanjing Road, Shanghai.

Almost opposite the Portman hotel in Jinan temple area, good location for shopping, restaurants and nightlife

### **Forty One Hengshan Road**

41 Hengshan Road, Xuhui District

Located in the diplomatic district, Forty One Hengshan Road is a gloriously snooty long-stay property, housed in a landmark building and managed by Kempinski Hotels. This prestigious address is unsurprisingly the priciest boutique hotel in town.

# WHERE TO EAT

## General Chinese

### **Whampoa Club**

5/F, Three on the Bund, 3 Zhongshan Dong Yi Lu, The Bund near Guangdong Lu High-end contemporary Chinese restaurant; Elegant and traditional interior decor; Innovative Chinese cuisine; Soft old Shanghai music in the restaurant; Overview the Bund and Huangpu River

## Shanghainese

### **Family Li Imperial Cuisine**

1/F 500 Zhongshan Dong Yi Lu, inside Huangpu Park Imperial cuisine; shark fin, abalone served; Set menu offers well-balanced flavor and textures; Classical Chinese garden-pavilions.

### **Tian Di Yi Jia**

5th Floor, Bund 18, Zhong Shang Dong Yi Lu, Huang Pu Red and Blank interior color; Traditional classical Chinese flavor; Nice view - face the Oriental Pear Tower - enjoy the most romantic side of Shanghai; Perfect combining the Chinese and Western cuisine; Professional service;

### **The Chinoise Story**

JinJiang Hotel, 59 Mao Ming Nan Lu Four distinctive rooms blend minimalism with Chinese characteristics. Like Chef Susur Lee himself, dishes stem from Chinese origins but branch out to embrace a wide variety of styles including Mediterranean and French flavors. Desserts mingling patisserie with delicate oriental tea bring a seductive close to our Chinese story.

## Sichuan

### **South Beauty**

No.881 Middle Yan An Road, by Shanxi Bei Lu, Jing An District, Shanghai 2. Unite 1, 28 Taojiang Lu, by Baoqing Lu, near Hengshan Lu Innovative Sichuan spicy cuisine; Great garden abundance – western restaurant flavor at Yan'an Lu; Quite good service;

### **Sichuan Citizen**

30 Donghu Lu, near Huaihai Lu ; 5404 1235. Amazing ambiance; great drinks.

## Cantonese

### **Lei Garden**

### **Crystal Jade**

### **Din Tai Fung**

## BEST XIALONGBAO!

### **Tan Wai Lou**

5th Floor, Bund 18, Zhong Shang Dong Yi Lu, Huang Pu District Red and Blank interior color; Traditional classical Chinese flavor; Nice view - face the Oriental Pear Tower -enjoy the most romantic side of Shanghai; Perfect combining the Chinese and Western cuisine; Professional service;

## Yunnan

### **Lost Heaven**

38 Gaoyou Lu, by Fuxing Xi beautiful South East décor for this fusion mode delicious Yunnan cuisine, with some Burmese, Miao and Dai tribe dishes. Great bar-lounge on the ground floor. Reservations in advance highly recommended specially during weekends.

## Fusion

### **Laris**

6/F, Three on the Bund, Zhong Shan Dong Yi Lu, The Bund near Guangdong Lu  
One of the best and most consistent tables in Shanghai. Sumptuous white and gold décor with great views over the Bund. Famous chef David Laris commands the kitchen, ensuring its quality.

### **T8**

House 8, North Block Xintiandi, Lane 181 Taicang Lu, by Huangpi Nan located in Xin Tian Di; in a contemporary yet warm décor with it's open kitchen setting its charm. Savory innovative fusion cuisine; may be a bit noisy- but it surely shows the trendy side of Shanghai and it still is one of the best places to spot celebrities. Highly ranked for its service

### **\*Jade 36**

33 Fucheng Lu, Lujiazui near Yincheng Nan Lu, Shangri-La "El Bulli-molecular" cuisine style by Chef Paul Pairet. Considered the best table of Shanghai. On the top of Shangri-la hotel in Pudong area. Great view. Wonderful dining experience, great service

## French

### **Franck Bistro**

Ferguson Lane, 376 Wukang Lu, by Hunan Lu Authentic French restaurant; quietly located in a busy downtown area; Good bistro ambience; Menu on blackboard; great Sunday brunch in a very cosmopolitan atmosphere.

### **Jean Georges**

4/F, 3 Zhongshan Dong Yi Lu, The Bund near Guangdong Lavish French restaurant by the same chef

of the New York establishment, romantic atmosphere with a view over the Bund, Delicate and carefully designed cuisine;

**\*Sir Elly's - Peninsula Hotel**

13/F, 32 Zhongshan Dong Yi Lu, near Beijing Dong Lu (Entrance on Beijing Dong Lu); 2327 6756. The best view of Pudong in Shanghai. If you don't have time for dinner, simply go to their bar.

**\*Mr. and Mrs. Bund**

Bund 18, 6/F, 18 Zhongshan Dong Yi Lu, near Nanjing Dong Lu; 6323 9898. Amazing view, amazing food, amazing ambiance.

## Italian

**Issimo – Jia**

931 Nanjing Xi Lu, by Taixing Perhaps the best pizza in Shanghai. Great grilled options from the open kitchen. Trendy atmosphere in one of the top boutique hotels in town, JIA. Quite busy at lunch time

**Palladio -Ritz Carlton**

Lobby level, East Plaza, The Portman Ritz-Carlton Hotel, 1376 Nanjing Xi Lu, by Xikang Lu High-end cuisine considered the best (perhaps the only) Italian table in Shanghai. Ritz-Carlton standard;

**Prego-Westin**

Bund Centre, 88 Henan Zhong Lu, near Guangdong Lu, 2F Westin Another good Italian option in a hotel. Very correct cuisine. Elegant environment-contemporary décor; Open kitchen; wood-fired pizza.

**The Kitchen Salvatore Cuomo**

Unit D, 2967 Lujiazui Xi Lu, by Fenghe Lu The same chef as the one in Tokyo. Good honest Italian cuisine. In the Pudong area; sometimes a bit noisy inside; nice modern décor with an open kitchen and outside seating area.

## Spanish

**El Willy**

20 Donghu Lu, by Huaihai Zhong Lu

Considered to be the best Spanish cuisine in SH; Hidden in Hutong with big garden; great tapas and innovative cuisine. Good atmosphere and good sign: chef is always present.

## Japanese

**Haiku by Hatsune**

28B Taojiang Lu, by Hengshan Lu Californian style Japanese cuisine. Simple but generous design; good atmosphere and nice staff. Above average. Second floor has non-smoking area better environment;

**Shintori Null II**

803 Julu Lu, by Fumin Lu Innovative Japanese cuisine. Small portions. Contemporary décor – reconstructed from an old warehouse-cement wall, wooden table, and open kitchen.

### **Sushi Oyama**

2/F, 20 Donghu Lu, near Huaihai Lu (In the same house as El Willy); 5404 7705. Seafood is flown daily from Japan; extremely fresh!

### **Shintori**

## Thai

### **Simply Thai**

### **Coconut Paradise**

38 Fumin Lu, by Yan'an Zhong Lu Housed in an elegant French villa with a candlelight ambience. Correct cuisine

### **Naam Thai**

1107-1108 Highstreet Loft, 508 Jiashan Lu, by Zhaojiabang Lu Contemporary Thai cuisine; Angular seats, open kitchen and elongated tables; subdued interior décor. Same owner as T8

## Vegetarian

### **Ji Xiang Cao**

2/F, 428 Madang Lu, by Hefei Lu Delicate light food, but small quantity; Comfortable feeling-large space, quiet dining environment, soft music; Nice staff; small res, not easy to find;

## Best outdoor brunch in Shanghai

### **M on the Bund**

7F, 5 on the Bund, Guangdong Australian restaurateur Michelle Garnaut opened her venue almost a decade ago and it is still an institution in town. Has one of the best terraces view of the Bund and a delightful Sunday brunch.

### **El Willy**

20 Donghu Lu, near Huai hai Lu El Willy's opened with a flourish this year bringing an array of Spanish tapas to the French Concession. With its wide selection of beverages, spacious outdoor patio and gentle lighting, this spot becomes a romantic atmosphere by night.

## Best Dessert

### **hOF**

## **Cristal Restaurant and Bar**

### Best brunch in Shanghai

#### **\* Le Meridian**

789 Nanjing Dong Lu, near Xizang Zhong Lu; 3318 9999. It has the best buffet brunch in Shanghai!

# BARS AND NIGHTCLUBS

## Casual Drinks

**\*Constellation Bar**

**\*El Coctel**

**The Apartment**

**\*Flair- Ritz Carlton Pudong**

## Wine Bar:

**Dr Wine**

**Fat Olive**

**Enoteca**

## Nightclubs

### **KEE club (Members only)**

Twin Villas, 796 Huaihai Zhong Lu near Maoming Lu KEE Shanghai will share the 1920's Twin Villas flagship brand stores for Alfred Dunhill and promises the same unique "salon", club and dining environment that has proved such a huge success in Hong Kong targeting the local and international chic. Most of the clients there are social elites . Clients average age: 35-40

### **MINT**

318 Fuzhou Lu, near Shandong The latest membership style lounge bar/club/restaurant to grace Shanghai (est. October 2008) targeting at the elite. Boasting Asia's largest Shark tank and spectacular views of the Bund. There's even private access for VIPs, Private roof top terrace that includes private lounge with VIP bar and members only hot tub and sundeck. Clients average age: 30 Disco music

### **Bar Rouge**

7/F Bund 18, Zhongshan Dong Lu, NEAR Nanjing Lu Bar Rouge is the most famous club in Shanghai, and sets the standard for Bund nightlife, with its terrace view, classy, sleek interiors and iconic French-Shanghai identity. Clients average age: 25-30 Disco music

### **Muse**

Clients average age: 20-25 Disco music

68 Yuyao Lu, near Xikang Lu, inside The New Factories

The first club of the Muse group, is now a staple in the Shanghai clubbing scene.

Every night has its own feature events, with weekend events bringing in some bigger



DJ names. The crowd is mixed and with 2 levels, one dedicated to the Hip-Hop crowd and the main floor to a mix crowd.

### **Muse 2**

5/F Plaza 66, 1266 Nanjing Lu, near Shan xi bei lu

Muse Group's second home located in the Plaza 66 mall, M2 is a testament to the luxurious immoderation of Shanghai's nightlife market. Prepare to spend big in this see-and-be-seen temple of image while rubbing elbows with the city's nouveau riche and the occasional Hong Kong celebrity. The club hosts some of the better local and int'l DJ talent, but whether the crowd recognizes this or even cares is up for debate.

Clients average age: 20-30 Hiphop music

### **Velvet Lounge**

Bldg 3-4, 1F, 913 Julu Lu, near Changshu Lu

Small and quaint, Velvet packs a punch with some of the best cocktails in the French Concession. Located in an old picture book villa, tourists are bound to be impressed with this place and its late night crowd. If you get the munchies while drinking, the pizzas here are one of the best in town.

## **Bars**

### **Glamour bar**

6/F, 5 on the Bund, entrance on Guangdong Lu, near Zhongshan Dong Yi Lu

Sumptuous Glamour Bar on the Bund is a multi-functional space that opened from early evening hours through the darkest moments of the morning. Home to Shanghai's International Literary Festival, the space appeals to all types of people who bring with them a variety of personalities and expectations.

### **Lan Club**

102 Guangdong Lu, The Bund near Sichuan Lu

This upscale lounge offers a variety of dining experiences and along side an elegant lounge. The emphasis is on design and service with a lengthy list of cocktails and an impressive selection of wines from around the world.

### **D&G martini bar**

1/F, 6 the Bund, 6 Zhongshan Dong Yi Road

Martini bar located inside the Dolce Gabana retail store. Quiet and quaint place, ideal for small group gatherings.

Clients average age: 30-35

### **Jade on 36**

36F, Tower 2, Pudong Shangri-La, 33 Fu Cheng Lu, Pudong

The stylish bar is the perfect place to sip down cocktails or fine wines while appreciating the gorgeous setting.

### **Vue bar- Hyatt on the Bund**

32-33F, Hyatt on the Bund, 199 Huangpu Lu

VUE Bar atop the Hyatt on the Bund is a great place to sip on some after work

cocktails, or lounge after a long Sunday Brunch. With amazing views of the Bund, wood interior and Jacuzzi on the outdoor terrace - it's a beautiful and equipped place to enjoy a mellow night out.

## **JZ**

46 Fuxing Lu, near Yongfu Lu

JZ Club offers its patrons a little flavor of "old Shanghai." Dark and smoky with red lamps and quality jazz.

# HEALTH & BEAUTY

## Spas

### **CHI The Spa**

Pudong Shangri-La, Tower 2, Level 6 CHI Spa has a very good vibe. It offers traditional Chinese massage with Tibetan elements. From the moment entering the treatment room till the massage finish guests would experience and enjoy each single procedure both in sense and vision. It uses one kind of a roasted barely flour, and uses the oiled stone to apply deep pressure. In each treatment suits there will be tub filled with water and covered by flower regardless.

### **Mandara Spa**

6/F, JW Marriott Hotel Tomorrow Square Mandara indicates an ancient Sanskrit legend and the quest to light on the precious elixir of immortality and eternal youth. This delivers a serene and natural vibe to all guests with its orient and antique décor. What's more impressive is the Pearl of the Orient treatment Mandara Spa, which was a beauty secret in China's imperial family.

### **Yuan Spa**

Lower Lobby, Hyatt on the Bund, 199 Huangpu Lu Yuan, suggests "source of water" in Chinese. This spa combines traditional Chinese elements, west service mentality and practice together with natural products and

### **Manifesto**

748 Julu Lu, near Fumin Lu

Overlooking the city and the one of Shanghai first classic 1930's red- brick serviced Apt. The terrace rises the din of the street. The perfect escape above from the hustle of Shanghai.

### **Banyan Tree Spa**

3rd floor, 88 Henan Zhong Lu, The Westin Bund Center (Grand Tower) Drawing on Asian traditions, the intimate retreats blend romance and serenity with exotic sensuality. The design of the spa treatment suites draws on local inspiration to blend seamlessly with the dynamic culture of the environment. Basing on the 5 elements, Banyan Tree is able to give a more personalized experience.

### **Evian Spa**

2/F, 3 on the Bund, 3 Zhongshandong Yi Road Located on the Bund, Evian Spa gives a sanctuary for woman to escape the hustle and bustle from the city. From a selection of treatments and attentive service by the staff, giving serenity and healing from the finest beauty care.

### **Shile**

Mandarin Palace, Shile, Suite 1, 599 Fangdian Road, Pudong Shile, meaning ten essential pleasures, is a lifestyle center designed by Japanese architect Arata Isozaki. Shile presents a truly unique total wellness experience from personal health consultant and a bespoke spa to Shanghainese fine dining and cozy wine lounge. Housed at the entrance of the super exclusive Mandarin Palace villas in Pudong, Shile has extended the architectural design of these villas into its interior decor where traditions are given a modern and innovative touch that is pleasing without any pretension.

## Hair Dressing

### **Pinus 4 WORKSHOP**

3/F, Le Passage, 299 Fuxing Xi Lu, French Concession near Huashan Lu Pinus 4 WORKSHOP is an offspring of the Orient 4 Hair Styling Group based in Hong Kong. It creates a very relaxing atmosphere for its guests and offers the very best services from Hong Kong. Most of the team are very experienced and had worked and had been trained in England at schools like Vidal Sassoon and are able to provide both Asian and Western hair styles.

### **Next Salon**

Lower Lobby, Hyatt On The Bund, 199 Huangpu Road This salon believes in the concept that each hair has an identity and every cut is a form of expression. The décor of this salon is so funky that it won't go wrong if transfer to a cocktail lounge. Next Salon offers comprehensive services from haircut to manicure, make up etc.

### **Toni & Guy**

209 Shanghai Center, 1376 Nanjing Xi Road Toni&Guy are conveniently located in 3 locations, Shanghai Center, Shanghai Times Square, and the Super Brand mall in Pudong. Well known for their intense training and innovative concepts.

### **Eric Paris**

4 Hengshan Lu, near Wulumuqi Nan Lu, French Concession Founded by third generation Parisian stylist, Eric, this trendy hair and beauty salon offers a variety of services including hair, nails, beauty, waxing and tanning among others. Products by Kerastase, L'Oreal and Wella ensure that your innovative new coif and matching manicure look their best.

### **The Barber at Alfred Dunhill Home**

Huai Hai Road 796, Luwan District A unique ambience of luxurious male indulgence; Offering classic cut-throat wet shaves and haircuts, the three-chaired traditional grooming space promises to be an oasis of calm and relaxation amidst the hustle and bustle of Shanghai.

## Nail salon

### **Fiori**

In Portman, shanghai center Small and clean nail salon and good service.

# SHOPPING

## Malls

### **Citic Plaza**

1168 Nan Jing Xi Lu Located in the busiest and most Westernized street in Shanghai, this is a shopper's paradise for the rich and the young. Fabulous for inspirational window-shopping.

### **Jin Jiang Dickson**

400 Chang Le Lu Its owner is a Hong Kong tycoon, who was amongst the first to bring the concept of luxury brands into Shanghai. Located in a historically wealthy neighborhood, it's ideal for those who like an old money ambience in which to fling about their new monies.

### **Mansion Mode**

1 – 3/F, 99 Huai Hai Zhong Lu The first luxury department mall in Shanghai. Almost all of the international top brands are stocked here which, until recently, were totally unknown to people from Mainland China. It remains the most popular mall for the locals to taste their dreams.

### **Plaza 66**

1266 Nan Jing Xi Lu Next to Portman Ritz-Carlton Hotel & Shanghai Center Service Apartments, Plaza 66 is a popular hub the expatriates and foreign tourists that populate the area. However the prices inside are usually around 30% more expensive than you might find abroad.

## Boutiques

### **Annabel Lee Shanghai**

Dedicated to ensuring the survival and awareness of the traditional Chinese culture in this modern age, Annabel Lee Shanghai's joins designers from all over the world. With the mix of Contemporary and Traditional aesthetics, materials and techniques give items a new oriental charm.

### **Cashmere Lovers**

Using the best cashmere available from Xinjiang, Cashmere Lovers has selection of silk and cashmere to choose from when selecting items to be made. English speaking staff can be available by appointment.

### **Lingerie and Me**

Rm 28, Bldg No. 5, Lane 1173 Nanjing Road West For your loved ones or even for yourself, this is the best place for lingerie in town where the collections are carefully selected and constantly updated.

### **Shiatzy Chen**

9 Zhongshandong Yi Road Modern Taiwanese design, Shiatzy Chen, features bright colors and sophisticated layering inspired by a combination of Chinese and Western elements.

### **Shanghai Tang (Xin Tian Di)**

15, Lane 181, Tai Cang Lu David Tang's Shanghai outlet is set on a popular touristic spot of Xin Tian Di. Contemporary Chinese fashions and accessories like wallets, notebooks and fine wrought crafts. It

is considered to be one of the best places to buy discerning friends gifts with a Chinese flavor.

### **Suzhou Cobblers**

Rm 101, 17 Fuzhou Road Beautiful all silk slippers are 100% hand-sewn and every pair of Suzhou Cobblers arrives in its very own plush velvet bag. Suzhou Cobblers is tucked into a grand section of the classic buildings and is just a few steps away from the city's famous Bund area.

## **Wool Scarves and Shawls**

### **Woo Scarf**

Rm 12, No.7, Lane 210, Takiang Rd. "WOO SCARF" appeared! With the classical and fashionable design elements, fantastic cashmere material. Mongolia and Himalaya, "WOO SCARF" become the favorite garments brand of the foreigners in Shanghai and also do production for many high level brand in the world.

### **QIONGZI**

620 Julu Rd The Hubei-born designer personally sources fabrics from different parts of the world for her feminine designs, which have strong Chinese and Japanese influences.

### **Brocade country**

616 Julu Rd The English-speaking owner, Liu Xiao Lan, has a Miao mother and a broad knowledge of her pieces. The Miao sew their history into the cloth and she knows the meaning behind each one. Many pieces are antique-collector's items and Ms. Liu has also started designing more wearable items. Antique embroidery can go as high as Y20,000, but mounted new embroidery pieces start at Y150 and are flat and easy to slip into a suitcase.

### **Rouge Baiser Elise**

299-2 Fuxing Xi Lu, Xuhui Rouge Baiser Elise a French designer in Shanghai has beautiful linen and cotton homeware and clothing, including children's clothes. Items can be made to order in your choice of color, and children's names can be sewn onto clothing for no extra cost. Handmade pieces have subtle embroidery, and everything looks distinctly French. Go just to check out the beautiful building. Prices start at Y150 for socks

# ARTS AND GALLERIES

## **1918 Art Space Warehouse**

1/F, 78 Changping Road, Putuo The gallery's spacey, quiet warehouse setting is ideal for viewing the progressive multimedia art produced by some of the most daring young artists in Shanghai. A showcase exhibition generally shares space with resident pieces.

## **Art Labor**

10-36 Yongjia Road, French Concession Shanghai's turbulent search for a new identity makes for great art at Canadian Director Martin Kemble's French Concession gallery. An emphasis on free expression draws many artists trying to discard traditional notions of national and cultural identity. Submissions of artwork are accepted. showcases within the world of arts.

## **MoCA**

Gate 7, People's Park, 231 Nanjing West Road, People's Square. It is the Museum of Contemporary Art. MOCA has earned its reputation as a pacesetter for contemporary art in Shanghai. Premier exhibits of foreign art regularly make their way into the gallery's modern People's Square digs.

## **M50 creative garden**

No.50 Moganshan Lu M50 was renamed Shanghai Chunming Metropolitan Industrial Park in 2002 and Chunming Art Industrial Park in 2004 by Shanghai Municipal Economic Committee. Just by the Suzhou Creek. Within a few years it has introduced more than 130 artists who come from over 10 Chinese Mainland provinces and 16 foreign countries and districts.

## **Shanghart Gallery**

Bldg 18, 50 Moganshan Lu Adjacent to its headquarters at ShanghArt Gallery, this larger space often showcases expansive exhibitions or performance art that takes advantage of the 700 square meters.

## **Art+ Shanghai**

1295 Central Fuxing lu / Building 75 Room 101 Art+ Shanghai is a unique and high profile art space located in the heart of Shanghai's former French concession amidst the escalating Shanghai contemporary art scene.

## OTHER SERVICES

### Florist

#### **Secret Garden**

347 ZiZhong Lu / MaDang Lu Secret Garden embraces all the sophistication and ardor of France within our abundant floral arrangements. Our profound expertise and premium selection of flowers are reflected in our elegant bouquets, each embedded with stories of romance, affection, and love. Wander into Secret Garden to uncover these stories and their delicate fragrances and share them with those you hold close